

**STOP  
BULLYING  
NOW**

**STAND UP • SPEAK OUT**





**Bullying can be defined in many different  
ways**

Here are the some of the many ways when  
bullies bully others

A photograph depicting physical bullying. In the background, a man in a dark suit and blue tie lies on a paved surface, his mouth wide open in a shocked or pained expression. In the foreground, a pair of black-rimmed glasses with shattered lenses lies on the ground. The text "Physical bullying" is overlaid in the center of the image.

# Physical bullying



# Cyber bullying






# Verbal bullying



Sexual bullying

A person is sitting on the floor in a hallway, looking down. The hallway has blue walls and a tiled floor. The person is wearing dark clothing and shoes. The text is overlaid on the image in a light purple font.

Bullying can occur multiple  
psychological and  
physical damages to the persons  
who get bullied





Harm self is one of the the  
damages that bullying can  
occur

A glass of whiskey with ice on a wooden surface next to a small black tray with white powder and a marker.

Alcohol and drugs

addiction is one of the

damages that bullying can

occur



Suicide is the worst damage

that bullying can occur





The most of the people let their  
friends get bullied without doing  
anything but they must support  
and help their bullied friends





STOP

Bullying